



TSHIKOVI UNIVERSITY

of Botanical & Healing Arts

Academic Course Catalog

Roots, remedies, and resilience — taught in lineage.

2026 · ACCREDITED BY THE CPD GROUP · TUBHA.ORG

A LETTER FROM THE FOUNDER

Welcome to TUBHA.

Dear Prospective Student,

It is my honor to welcome you to the Tshikovi University of Botanical & Healing Arts (TUBHA).

Whether you have arrived here out of curiosity, a calling from your ancestors, or a desire to deepen your understanding of botanical medicine, know that your journey begins with intention. At TUBHA, we believe education is more than the pursuit of information — it is a process of remembering, reclaiming, and restoring knowledge that has sustained communities across the African continent and throughout the diaspora for generations.

Our university was founded with a clear purpose: to create an academic home where African botanical knowledge is studied with the respect, rigor, and integrity it deserves. For too long, the contributions of African healers, herbalists, midwives, and knowledge keepers have been overlooked or separated from the historical and cultural contexts from which they emerged. TUBHA seeks to help preserve these traditions through structured education, critical inquiry, and responsible stewardship.

As a student, you will be challenged to think deeply, research thoughtfully, and approach botanical studies with both curiosity and humility. Our curriculum is designed to encourage meaningful engagement with plant sciences, traditional knowledge systems, historical scholarship, and ethical practice. We believe that true learning requires discipline, reflection, and a lifelong commitment to growth.

While our courses explore African herbal traditions and ancestral healing philosophies, we also emphasize the importance of discernment, cultural respect, and evidence-informed learning. We encourage students to appreciate the diversity of healing traditions across Africa and the diaspora while recognizing the responsibility that comes with studying and sharing this knowledge.

This Academic Catalog serves as your guide to the educational opportunities available through TUBHA. Within these pages you will find course descriptions, learning objectives, syllabi, estimated study hours, academic expectations, and the standards that help shape our learning community. I encourage you to read it carefully as you prepare for your academic journey.

Education has the power to transform not only individuals but entire communities. Every lesson you complete, every plant you study, and every historical narrative you explore contributes to a

broader mission of preserving knowledge for future generations. I hope your time at TUBHA inspires you to become a thoughtful student, an ethical practitioner, and a lifelong advocate for the preservation of African botanical traditions.

Thank you for considering Tshikovi University of Botanical & Healing Arts as part of your educational journey. I look forward to welcoming you into our community of learners and witnessing the impact you will make in the world.

With respect and gratitude,

Yvette Nathalie Brown

Founder & President · Tshikovi University of Botanical & Healing Arts

ABOUT THE UNIVERSITY

Mission & Accreditation.

OUR MISSION

Tshikovi University of Botanical & Healing Arts is a globally accessible, online institution devoted to the preservation, study, and practice of African herbalism and the healing arts.

ACCREDITATION

TUBHA is proudly accredited by The CPD Group — an internationally recognized Continuing Professional Development body — affirming that our programs meet independent standards for structure, rigor, and outcomes.

WHY WE DO NOT SEEK CONVENTIONAL HERBAL-BOARD ACCREDITATION

Our focus is African traditional herbalism. Many contemporary herbal credentialing structures were developed within Western frameworks that historically excluded or restructured Indigenous and African knowledge traditions. Our educational model honors ancestral systems while maintaining academic rigor and professional structure — without requiring validation from institutions that were not built to uphold those traditions.

PROGRAM AT A GLANCE

Format	Fully online, self-paced within cohort structure
Standard course length	160 learning hours per course
Signature program	PB 400 · MMBM Method — 240 learning hours
Instructor of record	Professor Yvette Nathalie Brown, Founder & President
Credentialing body	The CPD Group (Continuing Professional Development)
Diploma	Awarded upon completion of AH 101–401

CONTENTS

Programs of Study.

CORE PROGRAM · AFRICAN HERBALISM DIPLOMA

African Herbalism 101: Roots, Remedies, and Resilience **AH 101 · Available**

African Herbalism 201: The Science of the Sacred **AH 201 · Available**

African Herbalism 301: Farming, Foraging, and Ancestral Agronomy **AH 301 · Available**

African Herbalism 401: From Student to Steward — Holistic Entrepreneurship **AH 401 · Available**

SPECIALTY & ADVANCED STUDY

Botanical Medicine for Women's Health **BMW 101 · Available**

Botanical Medicine for Men's Health **BMM 101 · Available**

Botanical Medicine for Children and Family Wellness **BMC 101 · Available**

Psychoactive Herbs and Sacred Plant Allies **PH 101 · Available**

Vibrational Herbalism: Matching Plant Energy to Body Intelligence **VH 101 · Available**

Professor Brown's MMBM Method: A Proprietary African Herbalism Framework **PB 400 · Available**

COMING SOON · DIASPORIC TRADITIONS

Hoodoo Herbalism 101: The Root of African American Plant Medicine **HH 101 · Coming September 2026**

Caribbean Bush Medicine 101: Island Healing Across the Diaspora	CB 101 · Coming September 2026
Indigenous Plant Medicine 101	IP 101 · Coming September 2026
Candomblé and Afro-Brazilian Healing: Yoruba Tradition in the New World	CAB 101 · Coming October 2026
Haitian History and Plant Medicine	HV 101 · Coming November 2026

CORE PROGRAM

The African Herbalism sequence.

Four courses. Six hundred and forty learning hours. One diploma — awarded when a student completes AH 101 through AH 401 in sequence.

AH 101

AVAILABLE

African Herbalism 101: Roots, Remedies, and Resilience

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Currently available
TUITION	\$100
PREREQUISITES	None
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Certificate included

Reconnect. Reclaim. Revitalize.

Step into the world of African herbalism and rediscover the ancestral wisdom that has nourished and healed for centuries. This 8-week course is designed to immerse you in the foundational principles of traditional herbal practices, blending history, spirituality, and hands-on techniques to empower your healing journey.

You will learn:

- The historical impact of African herbalism and its role in medicine
- How to tap into ancestral knowledge to work with herbs intuitively
- The fundamentals of herbal medicine-making, including teas, tinctures, and salves
- How to blend herbs for wellness, spiritual balance, and holistic healing

AH 201

AVAILABLE

African Herbalism 201: The Science of the Sacred

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Currently available
TUITION	\$100
PREREQUISITES	AH 101
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Certificate included

Building on the foundation of African Herbalism 101, this advanced course dives deeper into the science, chemistry, and pharmacology of herbs while honoring their sacred roots. Over eight weeks, you will explore the anatomy of healing plants, master advanced extraction techniques, and learn how to create potent, synergistic formulations for specific health concerns.

This course also equips you with the knowledge to use herbs safely and effectively — understanding dosage, toxicology, and herb-drug interactions. Finally, we look to the future of African herbalism, exploring modern research, entrepreneurship, and how to advocate for and protect this sacred knowledge in a global context.

By the end of this course, you will not only have a deeper understanding of the science behind herbs but also the tools to innovate within the tradition and contribute to the legacy of being an African herbalist.

AH 301

AVAILABLE

African Herbalism 301: Farming, Foraging, and Ancestral Agronomy

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Currently available
TUITION	\$100
PREREQUISITES	AH 101, AH 201
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Certificate included

This course grounds students in the agricultural foundations of African herbalism. Explore ancient African civilizations built on sustainable farming, learn the basics of botany, soil care, seed saving, and seasonal harvesting. Students will also examine the spiritual protocols around foraging and growing medicinal plants, honoring the earth as both healer and teacher.

AH 401

AVAILABLE

African Herbalism 401: From Student to Steward — Holistic Entrepreneurship

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Currently available
TUITION	\$100
PREREQUISITES	AH 101, AH 201, AH 301
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Diploma awarded upon completion of AH 101–401

In this capstone course, students transition from learner to leader. This experience guides students through the process of launching a healing business, sharing their herbal offerings, and developing ethical, community-centered practices. With teachings on product development, ancestral accountability, and sustainable entrepreneurship, this is where purpose meets power.

SPECIALTY & ADVANCED STUDY

Focused programs.

Advanced electives and specialty concentrations — including Professor Brown's proprietary MMBM Method, taught only at TUBHA.

BMW 101

AVAILABLE

Botanical Medicine for Women's Health

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Currently available
TUITION	\$59
PREREQUISITES	None
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Certificate included

This course centers the reproductive, emotional, and spiritual health of women and womb-bearing people. Explore herbs for cycle regulation, fertility, postpartum recovery, menopause, and divine feminine energetics through an African-centered lens.

BMM 101**AVAILABLE**

Botanical Medicine for Men's Health

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Currently available
TUITION	\$59
PREREQUISITES	None
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Certificate included

Focused on the physical, hormonal, and spiritual well-being of men, this course offers herbal support for vitality, prostate health, emotional resilience, libido, and legacy. Students will also explore traditional masculine energy balancing within African healing systems.

BMC 101**AVAILABLE**

Botanical Medicine for Children and Family Wellness

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Currently available
TUITION	\$59
PREREQUISITES	None
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Certificate included

Learn to support the health of little ones and growing families using gentle, effective, and safe plant-based care. Explore remedies for common childhood ailments, emotional balance, and creating a family wellness rhythm rooted in ancestral plant medicine.

PH 101

AVAILABLE

Psychoactive Herbs and Sacred Plant Allies

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Currently available
TUITION	\$59
PREREQUISITES	None
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Certificate included

A sacred exploration of mind-altering and consciousness-expanding herbs used in spiritual, ceremonial, and healing practices across the diaspora. Students will learn ethical sourcing, safety protocols, dosage, and integration rituals, with respect to ancestral traditions and modern research.

VH 101

AVAILABLE

Vibrational Herbalism: Matching Plant Energy to Body Intelligence

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Currently available
TUITION	\$59
PREREQUISITES	None
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Certificate included

Everything is energy. In this course you will stop seeing herbs as plants in a bottle and start understanding them as living intelligent energy with their own frequency and their own way of communicating with your body.

Drawing from healing traditions across the diaspora, you will learn to read what your body is asking for, match it to the right plant energy, and build a practice rooted in ancestral wisdom.

PB 400

AVAILABLE

Professor Brown's MMBM Method: A Proprietary African Herbalism Framework

DURATION	240 learning hours
FORMAT	Online
AVAILABILITY	Currently available
TUITION	\$200
PREREQUISITES	None
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Licensed MMBM Practitioner Certificate

The MMBM Method is TUBHA's original proprietary healing framework — built from African healing traditions across the continent and years of clinical herbalism practice. This method teaches you to classify herbs through The Three Natures, diagnose through The Asili Thread, and apply healing across both the physical body and the African spiritual centers.

Lastly, through the Sovereign 60 you will build a materia medica rooted in the continent and grounded in clinical application.

This is where your practice becomes a methodology.

COMING SOON

Diasporic healing traditions.

New programs opening in Fall 2026, expanding the curriculum across the traditions of the African diaspora.

HH 101

COMING SEPTEMBER 2026

Hoodoo Herbalism 101: The Root of African American Plant Medicine

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Coming September 2026
TUITION	\$59
PREREQUISITES	None
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Certificate included

Hoodoo is one of the most misunderstood — and most important — healing traditions in the African diaspora. Rooted directly in West and Central African plant knowledge carried across the Middle Passage, Hoodoo herbalism survived enslavement, persecution, and erasure because our ancestors refused to let it die. This course is a comprehensive exploration of Hoodoo as a legitimate clinical and spiritual healing system — its history, its plant medicine, its diagnostic philosophy, and its place in the unbroken lineage of African healing.

CB 101

COMING SEPTEMBER 2026

Caribbean Bush Medicine 101: Island Healing Across the Diaspora

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Coming September 2026
TUITION	\$59
PREREQUISITES	None
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Certificate included

From Jamaica to Trinidad, from Haiti to Barbados, Caribbean bush medicine represents one of the most vibrant and living expressions of African plant wisdom in the world. Built by healers who arrived in a new botanical landscape with nothing but memory and rebuilt a complete medical system from the ground up, Caribbean bush medicine is sophisticated, clinically grounded, and deeply spiritual. This course explores the traditions, the plants, the preparation methods, and the healing philosophy of bush medicine across the islands of the African diaspora.

IP 101

COMING SEPTEMBER 2026

Indigenous Plant Medicine 101

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Coming September 2026
TUITION	\$59
PREREQUISITES	None
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Certificate included

Long before herbalism was commodified or colonized, Indigenous peoples across North America developed complete healing systems rooted in deep relationship with the plants of their territories — systems built on thousands of years of clinical observation, spiritual practice, and reciprocal relationship with the earth. This course honors those traditions with reverence and rigor, exploring the healing philosophies, plant medicines, and diagnostic frameworks of Indigenous North American traditions and their intersection with African diasporic healing practice.

CAB 101

COMING OCTOBER 2026

Candomblé and Afro-Brazilian Healing: Yoruba Tradition in the New World

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Coming October 2026
TUITION	\$59
PREREQUISITES	None
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Certificate included

When Yoruba people were brought to Brazil in chains, they carried their healing traditions with them — and those traditions took root in new soil and became something extraordinary. Candomblé is one of the most complete Afro-Brazilian spiritual and healing systems in the world, rooted directly in Yoruba tradition and built around the orishas — each one associated with specific plants, specific healing actions, and specific clinical territory. This course explores Candomblé as a healing system, its plant medicine, and its orisha framework.

HV 101

COMING NOVEMBER 2026

Haitian History and Plant Medicine

DURATION	160 learning hours
FORMAT	Online
AVAILABILITY	Coming November 2026
TUITION	\$59
PREREQUISITES	None
INSTRUCTOR	Professor Yvette Nathalie Brown
CREDENTIAL	Certificate included

Rooted in West and Central African traditions brought to Haiti by enslaved people, Vodou healing is a complete medical system — one that sustained a people through the most brutal conditions in history and produced the first successful slave revolution in the modern world. This course strips away the distortion and explores Vodou healing on its own terms: its plant medicine, its lwa framework, its diagnostic philosophy, and its place in the lineage of African healing traditions.

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“A process of remembering, reclaiming, and restoring.”

For admissions, please visit tubha.org/apply · help@tubha.org
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